# Inputs



**Activites** 



#### Outcomes Outputs **Short Term**

# **Outcomes** Medium Term

# **Impact** Long Term

Children have healthy teeth, form habits to

care for them and are

able to enjoy a better

quality of life.

- · Children under 6
- Parents
- · UC Berkeley public health
- · Community health workers
- · Education materials (models, posters, songs)
- · Toolkit for health workers

#### Instrumental Health Education (How To Do It)

Corresponding topics: How do I prevent dental caries?, Nutrition, Brushing vour teeth. Fluoride treatments

- # of children who are taught how to brush their teeth
- # of parents who are taught how to care for their children's teeth
- # of parents who are taught about health and nutrition
- Children and parents have knowledge of how to correctly care for their teeth using provided supplies
- Children and parents have knowledge of types of food that are healthy vs. unhealthy for teeth
- Families establish a regular toothbrushing habit
- Families select food options that are healthy for the body and teeth

## • Children under 6

- Parents
- · UC Berkeley public health
- · Community health workers
- · Education materials (models, posters, songs)
- · Toolkit for health workers

## **Conceptual Health** Education (Why Should I Care?)

Corresponding topics: Healthy Mouth & Baby Teeth, What are dental caries?. How can I get dental caries?

- # of parents and children aware of how dental caries form and their negative consequences
- # of parents and children understanding why choosing helath food is important
- Children and parents understand how dental caries are formed
- Children and parents understand the connection between nutrition choices and oral health outcomes
- Children and parents practice oral health habits to prevent dental caries
- Children and parents make nutrition choices that prevent dental caries

#### Stanford LDT project Asrina (scenarios, projector, Plickers, mobile phones)

- Parents
- UC Berkeley public heath
- · Community health workers

## Socially Relevant & Scenario-based **Health Education**



- # of parents who participate in scenario-based training
- # parents who actively engage in discussion of scenarios and training topics
- Parents are able to envision, articulate and feel confident in how to apply instrumental and conceptual health education knowledge into context of daily lives
- Parents are able to articulate how to make choices in the best interest of their children's health when competing priorities are at play
- Parents are able to apply and act on health education in daily life.
- Parents able to balance competing priorities and make choices that are in the best interest of their children's health.
- Parents/health workers engage in converations about oral health and nutrition

- Children under 6
- Parents
- UC Berkeley public health
- · Local health workers
- Dental Supplies

# **Dental Cleaning &** Application of Fluoride Varnish Provision of **Cleaning Supplies**

Referrals to **Local Dentists** (Extractions, Fillings) # of children under age 6 who receive dental cleaning and fluoride varnish

# of families provided with toothbrushing supplies

# of children under age 6 who are referred to local dentists

- Children receive basic preventive oral health care and fluoride treatment
- Small dental problems are identified and remedied
- Familiies have supplies to pratice regular toothbrushing
- Severe dental problems are averted or made less painful

- Children experience fewer dental caries
- Families see value in replensihsing toothbrushing supplies
- Families develop consistent oral health habits
- Children experience reduced dental pain and reduced need for more serious/costly health procedures in the future

